

“Please print this Study Guide (8 pages). Then tape the first page to your wall as a reminder to dial in...” ~ Paul Sterling



“Is Your Relationship Accidentally Headed for Emotional Bankruptcy?”

Teleseminar Dial-In Details

Date: Tuesday, December 15th

Time: 6:00pm (Pacific) - 7:00pm (Mountain) - 9:00pm (Eastern)

Dial In: (712) 432-0180

Passcode: 918694 #

Topic: “Discover How To Turn Your Relationship Around Using The 5 Love Languages!”

4 Tips to Get the Most Out of This Call...

- 1) Print out these sheets so you can **write** on them and follow along as you listen to this call.
- 2) Think of how to quickly **implement** the astounding information revealed on the call.
- 3) Make a deadline to **complete** at least three of the tips you’ll learn on the call.
- 4) Start imagining all the different situations in which you will use what you learn. Imagine how much **more love, intimacy and understanding you will create....**

SPECIAL NOTE: This teleseminar starts on time according to www.time.gov so please dial in 5 minutes early so you don’t miss anything. Your courtesy will be most appreciated. ☺

“Is Your Relationship Accidentally Headed for Emotional Bankruptcy?”

Let's look at relationships like a bank account.

You're about to discover what kind of deposits or withdrawals are affecting your relationship... and what can you do to turn around a relationship when ***the account is overdrawn.***

Follow along and see if you can relate to this story.

Jim had a deep love of fly fishing since he was a young boy growing up in the Montana Mountains. It's his favorite outdoor sport. He was always excited about receiving gifts that had anything to do with fishing...

So, when it was Jennifer's birthday (his new girlfriend) he decided to surprise her.

He excitedly got online and spent several hundred dollars buying her one of his favorite fly rods, a Sage, 9 foot, 5 weight, graphite.

So... after a romantic dinner at her favorite restaurant, he watched with great anticipation and excitement as she un-wrapped her gift.

Her face and body language clearly showed her disappointment. She was one unhappy camper.

Not only did she not like fishing, she hated being cold or wet.

Jim had hoped she would shower him with love, affection and appreciation and what he got instead was a cold shoulder from a very disappointed lover. Not only didn't he get brownie points, he lost them.

What was wrong with him? Didn't he know anything about her? Didn't he bother to listen to her and understand what she really wants? Doesn't he care about her at all?

Now... from Jim's perspective, he was trying to show her how much he cared... he was sharing the sport he loved with the person he loved.

What he showed her instead, was that he really didn't listen or understand what was important to her at all.

He didn't know her LOVE LANGUAGE (LL).

Understand your lover's **Love Language**, and it becomes easier to hit a homerun... to make them feel truly loved and understood. If you don't know what it is – you are just wildly taking swings in the dark.

Think of it this way; almost everything you do within a relationship is either making '**loving deposits**' or '**painful withdrawals**' from your relationship bank account.

Too many withdrawals, even if you still love each other, and you end up with non-sufficient funds... account closed... relationship foreclosure... it's over.

While this may seem like an overly simplified way of looking at relationships, it can be an incredibly useful and powerful tool for keeping the romance, passion and love alive in your relationship.

In the example above, Jim's mistake was obvious, he gave her what makes *him* feel happy and loved not what makes *her* feel happy and loved. The rule is simple, if you want someone to feel loved, communicate in their Love Language.

Even if that language feels awkward because is not *your* normal, natural or most comfortable way to communicate, give it a try.

It's not about you anyway... it's about them.

If you want your lover feel loved and appreciated... speak to then in their love language.

So what exactly are the Love Languages... how do you discover your lover's language – and, for that matter, your own - and how do you communicate in a way that makes sure your partner feels loved and understood?

That is a critical question if you want to keep love alive!

Luckily... the answer isn't really that complicated. According to Dr. Gary Chapman, author of *The 5 Love Languages*, there are only five main ways to communicate love.

- 1) **MAKING TIME:** If you speak this love language you'll want to spend focused, quality time together doing things that either you both enjoy or that you know brings great joy to your lover. I was once told, you can tell what's important to somebody by looking at their calendar, and at their check book. (Where do you spend your time and money?)
- 2) **LOVING TOUCH:** In this love language contact is critical... holding hands, foot rubs, making love, being touched while talking, having your arm on their back, etc. Surprising as it may seem, some people don't enjoy touch at all; I know one couple that doesn't even like to kiss.

- 3) **TALK TOGETHER:** Some people need words of affection, affirmation and appreciation... to be told on a regular basis that you love them, sometimes even daily – yes, they enjoy hearing it every single day... they also need some time to talk about the day, this is what lets them know that they're loved. Other people feel talk is cheap, they say buy me something - take me somewhere, that's how you show me you love me.

- 4) **GIVING GIFTS:** This group needs to be shown that you love them in a '**Material Way**'. When you buy gifts and spend money on them... that's how they know you love and value them... that they are important to you. For other people gifts are just a waste of your money... it's a total turn off because they think you are trying to buy their love.

- 5) **ACTS OF SERVICE:** People who speak this love language say anybody can buy a gift, to show me you love me, fix the damn washing machine, make the bed every once in awhile or help do the dishes or put up some book shelves. Their motto is 'Do something to show me you love me'.

Your partner's Love Language can be a combination of any or all of the above, but there tends to be one that is dominant.

Now let's find out what language your lover speaks. To do that print this article and read it with them... take them through this exercise.

Start by asking them to remember a time they felt totally loved... a specific time...

Was it...

- 1) spending time together?

- 2) the way someone touched them?

- 3) was it words of love and appreciation

- 4) did someone buy them something or take them somewhere?

- 5) was it something someone did for them, an act of service?

Find out what your lover's Love Language and then practice speaking it.

Watch them open up to you, this change can happen overnight.

After all, how many people have ever had a lover caring enough to really want to know... and speak your Love Language? Talk about a huge loving deposit in your relationship bank account!

Many people feel like they have to beg for attention and affection... or settle for getting it in someone else's Love Language.

Okay... now figure out your own Love Language and let your lover know how to "win" with you.

Here's a personal example to show you how '**not knowing**' your lover's **LL** can screw things up... or at least it did for me!

I was living with someone whose love language was **acts of service** while mine is **touch**. See if you can guess how this turns out.

Anyway when we got stressed out, she went back to her love language and started cleaning the house to show me she loved me.

What did I do? Obviously I tried to show my love through touch.

Ever try to hug someone who is vacuuming? **NOT GOING TO HAPPEN!**

We ended up in a downward spiral. She was hurt and pissed off, thinking that if I loved her, I would totally appreciate the fact she was cleaning the house, and maybe even jump in and help.

On my side of the fence, I was thinking who cares about a clean house if we aren't feeling connected? If she really loved me, she'd want to jump in bed with me... after all... the dishes aren't going anywhere and we can always clean later.

As you guessed, that didn't go well.

So... in the beginning of a relationship, when the two of you were just starting to date, most likely you communicated using all five love languages.

You spent time together, there was plenty of touching, lots of talking with words of affirmation and appreciation, and you brought each other gifts and enjoyed doing acts of service for each other.

Get it right, even by accident... and you end up making a deposit in the relationship account... and the relationship moves forward. Get it wrong, and you end up making withdrawals.

Now... as a relationship evolves... people get lazy... or busy... and slip back into showing love just using their own love language, not necessarily their partners and that is where the big withdrawals begin. Enough withdrawals and the relationship faces foreclosure.

Turns out... **love isn't all you need!**

Well there is no time like to present get started making massive loving deposits into your relationship account. Try doing at least one thing each week in your lover's language and watch the passion, romance and intimacy grow.

Now go make a deposit in your relationship's love account.

With passion, purpose and possibility,

Paul Sterling
Your Relationship Coach

P.S. This is effective with you children too.

P.P.S. Want to discover the secrets of loving and compassionate communication?
Check out my book

“The 5 Most Common Communication Mistakes Couples Make.”

WARNING: these mistakes destroy intimacy, erode trust and stop open, loving communication in its tracks. Discover which of these 5 mistakes you are making by accident... and how it's impacting your relationship!

<http://www.magicrelationship.net/ebook>

The Magic Relationship Method: Compassionate Communication for Couples

If you are experiencing issues around money, jealousy, emotional support and communication in your relationship, you've come to the right place.

Paul Sterling teaches the **Magic Relationship Method** -- a simple system that includes:

- ◆ the pitfalls to avoid in couples communication, **“The 5 Heart Breaking, Relationship-Wrecking Communication Mistakes.”**
- ◆ the pro-active, empowering **“4 Step Method of The Magic Relationship Method”** that allows you to express yourself, both the good and the bad, and be heard with compassion. It also allows you to connect to the underlying feelings and needs of your partner, even during an upset.
- ◆ the tips, tools and techniques to improve your relationship, no matter where it's at now: **“The Seven Secret Keys to a Magic Relationship.”**

“After just the initial two-hour session of this workshop my husband and I were able to use those tools on our own upsets. We were an hour and a half into our drive home when I realized we were talking about our toughest issues with calm compassion and understanding instead of upset and hurt. Thank you so much for such an amazing gift.” C.S. -- Estes Park, Colorado

This communication method isn't taught in school, but it should be. Everybody needs **a way to communicate through the tough moments in life**. We learn how to read, write and speak English in our Language Arts classes.

But what you've never been taught is **HOW** to use your English to create connection and compassion instead of upset and strife.

Just imagine how much calmer and more confident you will be in your interactions knowing that you have a way to handle the situation!

- ◆ Increase the amount of love, intimacy, affection and gratitude you both feel.
- ◆ Handle the "Hot Buttons" you always avoid or always fight about... like intimacy, house work, money, steps, exes and in-laws.
- ◆ Ask for what you want... both in and out of the bedroom... and GET IT!

“Truly transformational -- I came here in turmoil, disconnected and feeling hopeless. But through this workshop, I now feel more connected and appreciative to my beloved than ever. My inner peace and capacity for love are stronger than I imagined they ever could be I am grateful.” Jerome -- Golden, Colorado

- ◆ Handle your partner's emotional baggage, and you own... so it doesn't ruin your relationship, but brings you closer instead.
- ◆ Talk about painful and important issues openly and honestly without taking things personally,
- ◆ Discuss what's upsetting you in a way that actually creates more intimacy,
- ◆ Use 4 Simple steps to quickly turn any upset, argument or misunderstanding into connection and understanding,

Learn the “Magic Relationship Method” In Any One of the Following Ways...

The First Step

If you're excited about having all the benefits of a **better way to communicate** -- increased trust, honesty, intimacy, understanding and fewer upsets and misunderstandings with your loved ones -- we invite you to get a copy of our free Special Report.

“The 5 Most Common Heart-Breaking, Intimacy-Destroying, Relationship-Wrecking Communication Mistakes” is a relationship life-saver. It's easy to understand and simple to use. Get it today.

To download your free copy of this new **25 page Special Report** on the 5 Mistakes of Relationship communication, go to <http://www.magicrelationship.com/special>

To the Best of Relationships!

Paul Sterling
The Magic Relationship Method,
970-586-7734

P.S. Next Step – Pick An Option That Works for YOU... You Have Four Choices...

There are 4 powerful ways to have more trust, honesty, harmony and open communication in your relationship. Pick the one that works best for you and get started seeing the benefits today up...

Pick the Option That Meets Your Needs and Get Started Today...

1) The MP3 Recordings, Listen when you want, where you want, as many times as you want.

The Live Recorded MP3s and Notes for the “5-4-7 New Relationship Series.” Includes the following 3 Recordings:

- ◆ "The 5 Intimacy-Blocking, Heart-Breaking and Relationship-Wrecking Communication Mistakes," plus a written report on the 5 Mistakes,
- ◆ "The 4 Simple Steps To Creating Instant Intimacy and Understanding,"
- ◆ "The 7 Secret Keys To A Magic Relationship."

To purchase these recordings, <http://www.magicrelationship.com/mp3s>

2) The Magic Relationship eBook,

...remember **staying up all night talking about anything and everything** – an all out chat-fest that brought you closer than you thought possible...

...remember the last time you stayed up until sunrise, but this time there wasn't a lot of talking... just **lots intimacy, romance and passion...**

...remember the **love, appreciation and affection you both felt - how just holding hands** made your heart beat faster and your palms start to sweat...

...remember how **everything just seemed better because you were in love...**

You can have it all back... Go to <http://www.magicrelationship.net/ebook/>

3) 1-On-1 Coaching, have a burning issue that needs to get handled right away, set up a session with Paul and he can coach you on some new options.

Office Email: info@magicrelationship.net
Office phone (970) 586-7734

Our Guarantee: You have 60 days to learn, test and try our your new communication tools and if they don't meet your needs, simply email ([info \(at\) MagicRelationship.com](mailto:info@MagicRelationship.com)) we will refund your fee and you keep the study materials as our gift to you...